MARTIAL ARTS

Dustin Lee
Hood River Martial Arts &
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Date: 071915

Re: My Gracie Jiujitsu Academy Family, Student & Instructor Team Experience

To: Anyone Interested in a Lifelong Useful Martial Art

My name is Dustin and I'm the BJJ instructor at Charles Gracie Jujitsu in Hood River, Oregon. Hood River is my favorite place in the world. It's truly an adventure athletes dream. I regularly crossfit, powerlift, run, kitesurf, road & mountain bike, dirt bike, downhill ski, kayak and hike within miles of my home. At HR CGBJJ we want to offer the same type culture that the town already has with the hard working, non-conformant style adventure athlete.

My interest and participation in martial arts began when I was a young teen and I truly believe it had a large part of making me a more coordinated and disciplined all around athlete. My experience in wrestling, BJJ and MMA started in high school and continued in my five years as a US Marine. Although there was a pinnacle point in my past that caused me to truly dedicate myself to technical Gracie jiujutsu.

When I retuned home from the United States Marines I was 5 foot 10 inches tall and over 210 pounds. Having had just returned from Afghanistan I truly thought I was bullet proof. One of my good friends had just recently started training jiu-jitsu at a Charles Gracie Jiu-jitsu Academy and he kept asking me to attend with him. For a number of weeks I brushed it off thinking that it wasn't going to be of value for me. I couldn't have ever been more wrong. My friend eventually got me to attend a Charles Gracie BJJ class under Gary Grate. Of course my first live rolling session was with a small statured very technical Charles Gracie Purple belt. I never felt more weak and vulnerable to any competition in my life. He destroyed me from all angles of the game. My

strength, size and what technique I thought I had, was useless against him while rolling Jiu-Jitsu. From that day forward BJJ became a passion with a purpose.

With that being said I highly respect and recommend the Charles Gracie Jiu-Jitsu Team to any one who wants to learn and excel in the sport. It's a healthy family feeling environment and I look forward to seeing you on the mat one day soon. For further recommendation please call me directly at 541-941-9800.

Respectively,

Dustin Lee

HRMA BJJ Instructor

Fidelis Sustainability Distribution- President/ Owner

www.HR-BJJ.com

WWW.Fidelissd.com

541-941-9800