

## **CONCEPCION ACADEMY OF MARTIAL ARTS**

Progressive Kickboxing - Brazilian Jiu-Jitsu - Taekwondo 5638 N. Pershing Avenue - Stockton, CA 95207 PH: 209-482-1352

## Charles Gracie Jiu-Jitsu Academy Testimonial Letter - July, 2015

I have been involved in various martial arts for over 20 years and at that time I've trained in Taekwondo, Escrima, Jeet Kune Do and Kickboxing. Since moving to the Central Valley in the mid 2000's, I was yearning to learn a grappling or ground fighting art for personal self-defense and to round out the stand-up based martial arts I've already learned. Luck finally came when I met and joined the Charles Gracie Academy in Tracy, CA.

I was an avid student coming to class several times per week to train with Master Charles Gracie in his family art of Gracie Jiu-Jitsu. The ground game fascinated me and made me eager to train as much as I could. The art encompasses various takedowns and throws as well as powerful submissions such as collar chokes, shoulder locks, arm bars and other incapacitating holds that can restrain or render an attacker helpless. In the amount of time since becoming a member of the Charles Gracie Team, I've earned a Brown Belt in the art of Gracie Jiu-jitsu from Master Charles of which I am deeply honored.

Since 2011, I've had my own martial arts academy in Stockton, CA of which is an affiliate of the Charles Gracie Academy. I am honored to be privileged to share the art to the public and letting them be aware of the practical self-defense as taught and learned from Master Charles Gracie. As an affiliate Master Charles has given me inside advice on how to run an effective program that has a positive impact on children and adults. Master Charles Gracie has always encouraged me on how to teach Jiu-Jitsu safely, properly and effectively by providing yearly seminars and by having an open door policy when it comes to questions and concerns about running an effective Jiu-Jitsu Program. Along with Master Charles is the great staff and other Black Belt instructors who provide tips and coaching on cutting-edge techniques on both Self-Defense and Tournament Skills / Strategy. Since becoming an affiliate and a representative of the Charles Gracie Network, I've increased my enrollment and retention with my members knowing that they are part of a bigger family that supports and encourages growth, self-improvement and proper advancement in the art of Gracie Jiu-Jitsu.

Thank you Master Charles and Staff, OSS!

Louie Concepcion

Charles Gracie Jiu-Jitsu Brown Belt

CGJJ Affiliate / Owner of Concepcion Academy of Martial Arts