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Bruddas Brazilian Jiu Jitsu has been a well-established academy in the Sacramento area for over 10 years.

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As a Martial Arts Academy owner for the past 10 yrs, it has been an honor and privilege to be affiliated with the Charles Gracie Jiu Jitsu Association. Gracie Jiu Jitsu is one of the most widely recognized martial arts in the world. It has proven itself over and over in MMA sports events. You would have very little chance of success in MMA without Gracie Jiu Jitsu. The Gracie Family has been refining this type of Martial Art skill since its inception. Mixed Martial Arts is one of the fastest growing sports in the world, and many men and women want to learn and practice it for self defense and or exercise. And TRUE MMA is not possible without the element of GRACIE JIU JITSU. The reality is most physical altercations will go to the ground.

In the Martial Arts business it's important to be in a credible organization and have a good, strong relationship with the association you are connected to. Charles and his Family treat you like Family. Knowing Charles for over a decade, he and his family have always treated me with the utmost care and respect. It has been a very important and valuable decision to become affiliated with the Charles Gracie Association.

To be able to advertise that you are part of this growing network of the Gracie Family is valuable to your Martial Arts business. It shows to prospective students that you care what they learn and that if they were to train with you, they would be learning something of value. Not all Jiu Jitsu is the same. Being myself a member of this Charles Gracie Association, its nice to know that Charles Gracie is always welcome to questions. He's not just a name. Professor Charles is a very outgoing human being, full of energy and always willing to help out his Association members build their business. Professor Charles also provides in-depth seminars on Jiu Jitsu Self Defense and Sport Jiu Jitsu. He has also co-authored a Gracie Jiu Jitsu Self Defense book with Royce Gracie. Professor Charles gives the valuable opportunity through seminars to expose students in Association Members Schools to increase their understanding and skills of Brazilian Jiu Jitsu. As a practitioner of this beautiful art and a Martial Arts business owner, I can heartily repeat, it is an honor and privilege to be a Charles Gracie Association member.

If you have any questions please feel free to ask me at mario@bruddasbjj.com

See You on the Mat, Mario Cerezo
(Instructor and 3rd degree Black Belt under Professor Charles Gracie)